



• November 2016 •

NEWSLETTER

"The best leaders not only inspire us,
they develop and empower us to lead
with passion from whatever position
we currently hold in life."

- Ty Howard

Keira's Thoughts

"I'm thankful for my struggle because without it
I wouldn't have stumbled across my strength" ~ Alex
Elle

As I searched for the perfect Thanksgiving quote for this message I wanted something that would encapsulate our experiences as parents and as emerging leaders in Maternal Infant Health. One of the magical things about PPA is the level of deep understanding we have for one another. There is never a need to explain what we have been through, the range of emotions we have felt, and even the not-so-pleasant thoughts that have run through our minds in our

darkest hours. To have this experience within our network is quite simply, invaluable.

As human beings we crave connectedness and acceptance. Isn't that a tenet of what drives your mission in helping families?

personal connection

acceptance without judgment

freedom to be authentic

I imagine many of you were not fully aware of the gifts and strengths you hold within your very being. It often takes times of deep tragedy to bring forth the true essence of who and what you were truly meant to be. While none of us would ever wish or hope to experience the traumas we have endured, I think it is safe to say that without these experiences we may never have uncovered our true strengths in such a profound way.

Within our network we have the opportunity to nurture each other, to partake in the growth of greatness in our midst. Each of you has a crucial role to play in this NICU landscape and never was this more clear, than at the 2016 Premie Parent Summit.

I had a unique vantage point at the Summit to watch connections unfold, to see the realization that we are all one become reality, and to feel the energy in the air as new ideas were formed and where some truly realized that they have something invaluable to give to this community.

Jennifer Degl, longtime PPA member, advocate, and author of "From Hope to Joy", wrote a beautiful, [comprehensive article about the Summit](#) that I encourage you to read and share. If you attended the Summit be on the lookout for short Summit feedback survey after Thanksgiving.

Remember, we are in this together. You are not alone!

SAVE THE DATE!!

PPA/NPA Collaborate Webinar

Make sure to put this date on your calendar!

Join us on **Thursday December 1st 12:00pm - 1:30pm CST** for our next collaborative webinar.

Our guest speaker, Sara Mosher, will be presenting "Is Baby Friendly Family Friendly?"

[REGISTER FOR WEBINAR](#)

IS BABY FRIENDLY FAMILY FRIENDLY?

SARA MOSHER
PATIENT + FAMILY CARE

IS BABY FRIENDLY FAMILY FRIENDLY?

The Baby Friendly Hospital Initiative is now an active certification in 356 hospitals across the United States. While many understand the incentive for health systems to obtain this prestigious recognition, what are the direct benefits to babies and families? How are NICU parents supported when these practices are in place? This presentation will explore the WHY behind hospital certification, what the certification requirements are, how they impacts families, how neonatal units are preparing to adapt certification criteria and how you can help support families who find themselves in a certified NICU facility.



Why the Baby Friendly Hospital Initiative is attractive to health systems.



What the Baby Friendly Hospital Initiative means to hospital staff, families and patients.



How NICU families can be supported with their feeding preferences when the hospital is a Baby Friendly designated facility.

Click on the link below to register

Thursday December 1st, 2016 12:00 PM - 1:30 PM CST

<https://attendee.gotowebinar.com/register/1921630044763999234>



 Patient+Family Care

Sara Mosher

Owner, Patient + Family Care

Sara, a nurse who has been in neonatal practice for 15 years, is recognized as an industry leader, teacher and mentor among the perinatal/neonatal communities. Sara has been a published author in professional nursing journals, has been a nationally sought out speaker and even had the esteemed honor of serving two years on the March of Dimes NICU Family Support Training Faculty.

Sara has such a passion for helping families faced with a pregnancy or neonatal crisis that she started Patient+Family Care, which aims to help both neonatal staff and families through education, support, awareness and connection.

Sara's list of nursing awards include:

- 2011 Oregon Pediatric Nurse of the Year Award
- 2012 Leading Practice Award for development of a Neonatal Family Support Transport Program
- 2014 Oregon Community Health Nurse of the Year Award
- 2015 Lloydena Grimes Nursing Excellence Award



REGISTER FOR WEBINAR

THANK YOU

Preemie Parent would like to extend a heartfelt thank you to Jennifer Degl, Author of *From Hope to Joy*.

Jennifer was gracious enough to not only attend, but to write from an detailed inside viewpoint of our 2016 Premie Parent Summit which was held earlier this month in Falls Church, VA.

We HIGHLY recommend reading her post [which can be found HERE](#). Thank you Jennifer for being such an active and powerful advocate for our fragile families in the NICU and beyond.

KEEP AN EYE OUT!

2016 Premie Parent Summit Survey

JOIN THE CONVERSATION: Please keep an eye out for surveys to hit your inbox following the Thanksgiving holiday. These surveys are a crucial piece to ensure our attendees have a voice about the Summit, what they enjoyed, what they'd like to see added, and what they'd like to see changed.

This survey will be a crucial piece in deciding our date and location for the 2017 Summit.

2017 Premie Parent Summit Call for Abstracts to open DECEMBER 5th

Premie Parent Alliance (PPA) will be opening for abstract submissions beginning December 5th, 2016 to present at our 2017 Premie Parent Summit. Location TBD

SPEAKERS BUREAU OPENING

deadline 01.MAR.16

The PPA Speakers Bureau is an exclusive benefit of PPA membership - the only Speakers Bureau made up of premie parent leaders. PPA has been invited to speak at national provider association conferences around the country. Click below to view requirements and apply.

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Preemie Parent Alliance

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