

# • January 2016 •

## NEWSLETTER

“INDIVIDUALLY, WE ARE ONE DROP.  
TOGETHER, WE ARE AN OCEAN.”

–Ryunosuke Satoro

### *LEADERSHIP POSITION OPENING*

**deadline 15.FEB.16**

The leadership team has an open seat and will be accepting applications online through February 15th. Please follow the link below to access the application and review requirements/duties. Leadership will review all applications and extend the invitation to join the council no later than February 20th.

[APPLY NOW](#)

### *SPEAKERS BUREAU OPENING*

**deadline 01.MAR.16**

Being selected for the PPA Speakers Bureau is an exclusive benefit of PPA membership - the only Speakers Bureau made up of preemie parent leaders. PPA has been invited to speak at national provider association conferences around the country. Click below to view requirements and apply.

[APPLY NOW](#)

***IN CASE YOU MISSED IT***

## **Journal of Perinatology - Recommendations for peer-to-peer support for NICU parents**

Recommendations for offering peer support to all NICU parents as an integral component of family-centered care and comprehensive family support are presented. [Full Story](#)

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## **Inspirational Stories of the World's Most Famous Premies on the App Store**

Download Go Premies! Inspirational Stories of the World's Most Famous Premies. A Children's Book for Premie Families and enjoy it on your iPhone, iPad, and iPod touch. [Full Story](#)

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## **The Keep 'Em Cookin' Chat Room**

If you're on pregnancy bed rest, dealing with a high-risk pregnancy, or considering pregnancy after a premie, you are in the right place. Chat with another mom like you. [Full Story](#)

# ***NEW MEMBERS***

## **Go Premies**

Go Premies! tells the inspirational stories of the world's most famous premies showing premie families that their premie can achieve anything...

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## **Made for a Miracle**

Made for a Miracle's mission is to be a resource for families with children currently in the hospital or that have transitioned home.

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## **Pebbles of Hope**

Our mission is to leverage the power of media, technology and community to help babies born prematurely in under-served areas survive and thrive through parent education.

## **Project Sweet Peas**

Project Sweet Peas offers programs and services that support the well-being of families who have an infant in intensive care, and of those who have experienced pregnancy and infant loss.

# ***UPCOMING EVENTS***

The 29<sup>th</sup> Annual Gravens Conference on the Physical and Developmental Environment of the High Risk Infant, *in collaboration with the March of Dimes*

Novel Dec. 01, 2015



February 17-20, 2016

We have an abundance of PPA members who will be presenting at this year's Gravens Conference. Presenters include Nick Hall, Heather McKinnis, Erika Goyer, Mike Hynan, & Becky Hatfield.

[MORE INFO](#)



**NEO:**  
THE CONFERENCE  
FOR NEONATOLOGY

February 25-28, 2016

1,000+ neonatology-focused clinicians are expected to attend [NEO](#) and Specialty Review, providing you with multiple great opportunities to get in front the combined audience.

[MORE INFO](#)



March 7-8, 2016

Regulators will engage in discussions with academic experts, interested companies, neonatal nursing organizations, NIH institutes, family groups, and non-profit organizations.

[MORE INFO](#)

## ***UPCOMING WEBINAR***

# Understanding the Basic Components of Trauma-Informed Care

February 24, 2016

**WEBINAR**

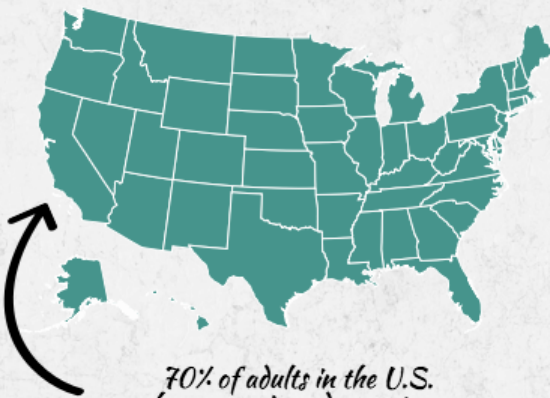
11:30am CST

presented by:



In this workshop, participants have the chance to familiarize themselves with an innovative way of best working with families in the NICU community, as well as integrating some of its basic components into their practice.

## HOW COMMON IS TRAUMA?



*70% of adults in the U.S. have experienced some type of traumatic event at least once in their lives. That's 223.4 million people.*

Post-Traumatic Stress Disorder: a severe anxiety disorder that develops following exposure to extreme psychological trauma.

### *Percentage of Parents with infants in the NICU suffering with PTSD*

Mothers = 15-53%  
Fathers = 8-33%

**PTSD**



**COLLABORATION PROJECT**



Premie Parent Alliance

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