



Friends, do you ever feel like you're barely keeping your head above water? Like you're juggling so many balls and one by one they seem to come crashing down to the ground? Or that you're stretched so thin you can't accomplish anything because EVERYTHING on your to-do list is a HIGH priority?

Like many of you, I've sent my daughters off to another school year, one of them with an IEP and all the challenges related to that. I find all too familiar anxieties trying to creep up my back and tighten my shoulders as flashbacks of her frail 1 pound body run through my mind. I fought for her then, and I fight for her now. Except the fight is different and I have learned to separate the residual anxieties from the NICU with my current advocacy efforts, (as I call them, her teachers may call it helicopter parenting)! This battle and the one waged in the NICU is very real for so many of you.

It is easy to allow old wounds to break open, wounds we thought were long healed, only to realize there is still some inner work to be done. I'm OK with that. I think we should all be in a continual state of self-reflection and discovery and this is why our 2017 Summit is so very important for all of us. With a focus on Leadership and Wellness, we will do some of this work together, in a supportive, non-judgemental environment. We've all been to that place no parent wants to go, whether it was the NICU, a funeral home, or both. We relate to one another on a level unlike any other you'll find at a conference. That is what makes our event special...it is not just PPA's event...it is YOUR event and we can't wait to see you there!

[REGISTER TODAY](#)

**2017 Preemie Parent
Summit**

"Paving a Healthy Path to Leadership"

Leadership Team Application NOW open

The Leadership Team is comprised of 7 leaders from within the PPA membership. We are also looking for other NICU parent leaders that have expertise in legal and clinical areas. The team meets on average, 6 times per year via web-call and in person at the annual Premie Parent Summit. These volunteers are responsible for developing & executing the strategic plan for the network. They are tasked with, but not limited to, determining the annual budget & reviewing it quarterly, ensuring PPA activities are aligned with PPA mission & values, advancing the mission, representing the PPA network on steering committees for national provider associations & at conferences, and evaluating network performance on an ongoing basis.

[Apply Now](#)



[Learn More](#)

NEW SERVICE FROM TTMF

[The Tiny Miracles Foundation](#) is excited to announce the launch of their new Connection Groups which hosted in NICU resource rooms and provide a way for parents to connect with each other and learn more about topics that impact them and their preemies.

FREE RESOURCE!

We know the language that we use shapes the way we think. NPA wants to change the way we talk about pregnancy, substance use, and NAS. We invite you to download, print, and share these with your community.



[View Here](#)

How to Care for a Baby with NAS



Use the Right Words

I was exposed to substances in utero. I am not an addict. And my mother may or may not have a Substance Use Disorder (SUD).

[See the Full Poster](#)

NOW AVAILABLE

Sessions from the 2017 NEC Symposium are now published and available for viewing at NICUniversity.org The 2017 NEC Symposium was presented by the NEC Society, and hosted by the UC Davis Division of Neonatology.

DID YOU MISS IT?

The recorded version of the recent PPA/NPA Collaborative Webinar: "Supporting Families & Legal Liabilities: Protecting Your Organization" is available for download.



SUPPORTING FAMILIES & LEGAL LIABILITIES:
PROTECTING YOUR ORGANIZATION

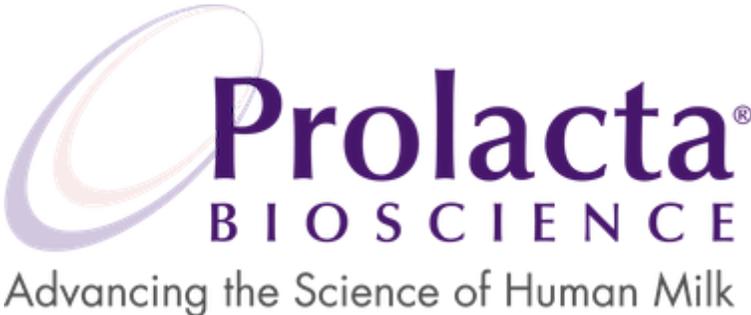
Get the Webinar

NPA & PPA Members...use code **NPAPPA** to get
FREE access to the webinar recording.

Thank you to our generous sponsors of the

2017 Premie Parent Summit

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